

Dance

Outline of Key Stage 3 Dance:

Through the core PE programme in Key Stage 3, pupils will study performance, choreography and the appreciation of dance.

Drawing from a range of professional dance works, pupils will expand their understanding of modern dance styles.

Students will develop their dance technique through technical warm ups in a variety of styles.

Through creative workshops, pupils will learn how to develop and research their ideas to create varied and interesting choreographic work and be able to critically appreciate their own work and the work of others in order to improve their practice.