

Physical Education

Qualification:

Pearson BTEC Level 2 First Award in Sport

Is this course for me?

The Pearson BTEC Level 2 First Award in Sport has been designed primarily for young people aged 14 to 16 who may wish to explore a vocational route throughout Key Stage 4.

It has been developed to:

- Encourage personal development through practical participation and performance in a range of sports and exercise activities
- Give learners a wider understanding and appreciation of health-related fitness, sports and exercise through a selection of optional specialist units
- Encourage learners to develop their people, communication, planning and team-working skills by having the opportunity to select from optional units available in the qualification structure
- Give full-time learners the opportunity to progress to other vocational qualifications, such as the Pearson BTEC Level 3 Nationals in Sport.
- Employment in the sport and active leisure sector
- Give learners the opportunity to develop a range of skills and techniques, personal skills and attributes essential for successful performance in working life.

What does the course involve?

You will complete 4 units over the 2 years. One will be exam based and the other 3 coursework (most of the coursework units have a practical element to them).

Unit Core units

- 1 - Fitness for Sport and Exercise **External exam**
- 2 - Practical Sports Performance Internal coursework

Optional specialist units

- 5 - Training for Personal Fitness Internal coursework
- 6 - Leading Sports Activities Internal coursework

What courses can this lead to in Post 16?

BTEC National Diploma L3

BTEC First Diploma in Sport L2

For more details please contact:

MR S LOWE – HEAD OF SPORT & LEISURE or MR THOMPSON – KS4 CO-ORDINATOR