**HEALTH AND SOCIAL CARE – COMP 3 KNOWLEDGE ORGANISER**

 **C1 Person Centred Approach and the Benefits**

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| **Person-centred approach to improving health and wellbeing**Person-centred care theoretical framework | Download Scientific Diagram**A person centred approach takes into consideration the individual’s needs, wishes and circumstances which is very important – this consists of:*** needs – to reduce health risks
* Wishes – their preferences and choices
* Circumstances – to include age, ability, location, living conditions, support, physical and emotional health
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| **The importance of a person-centred approach**How a person-centred approach can support individuals* Makes them more comfortable with recommendations, advice and treatment
* Gives them more confidence in recommendations, advice and treatment
* Person-centred approaches in the care and support of older people ...Ensures their unique and personal needs are met
* Increases the support available to more vulnerable individuals
* Improves their independence
* They are more likely to follow recommendations/actions to improve their health
* They are more motivated to behave in ways that positively benefit their health
* They feel happier and more positive about their health and wellbeing
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| Quality Royalty Free Vector Image - VectorStock**The benefits of a person-centred approach**The benefits of a person-centred approach for health and care workers:* Improves job satisfaction for health and social care workers
* Saves time for health and social care services
* Saves money for health and social care services
* Reduces complaints about health and social care services and workers
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