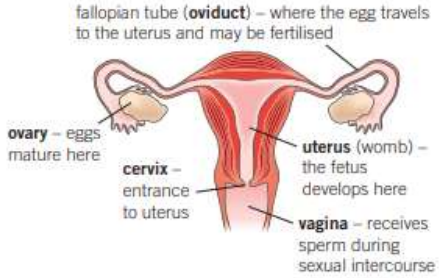
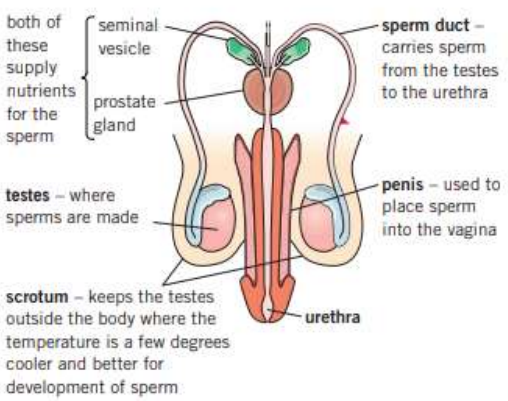
10.2 Human Reproduction Knowledge Organiser

Yr7

Reproductive systems



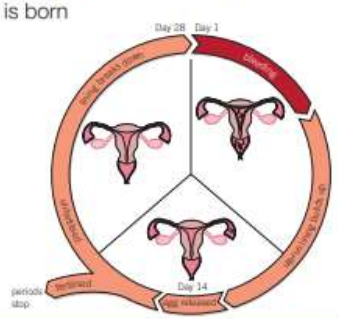


Adolescence

- **Adolescence** is the process in which a child changes into an adult, it involves both physical and emotional changes
- The physical changes alone in this time are known as **puberty**, these are caused by **sex hormones**

The menstrual cycle

- The **menstrual cycle** is the process in which an egg is released from an ovary and leaves through the vagina
- Day 1: blood from the uterus lining leaves through the vagina, which is known as a **period**
- Day 5: the bleeding stops and the uterus lining starts to re-grow
- Day 14: an egg is released from one of the ovaries during **ovulation**
- If the egg is **fertilised** than the menstrualcycle stops until the baby is born



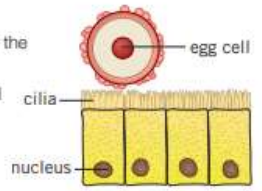
Fertilisation, implantation and gestation

- Egg cells and sperm cells are also called **gametes**, and each contains half the genetic information needed to form a complete organism.

Egg cells

An egg is released by the ovaries every month

The egg cell is moved along the oviduct towards the uterus by **cilia**



Sperm cells

Sperm cells are produced in the testicles/testes

Sperm are mixed with nutrients and fluid from the glands to form **semen**

During sexual intercourse a man will release semen into the vagina (**ejaculation**)

If a sperm meets the egg **fertilisation** may happen

The fertilised egg may then **implant** in the uterus lining and form an **embryo** (ball of cells)

- During **gestation** the developing **fetus** needs nutrients from the mother, these are passed through the **placenta** which is connected to the fetus by the **umbilical cord**
- Nutrients are passed from the mother to the baby and waste products are passed back from the baby to the mother
- The baby is protected from bumps to the mother by the **amniotic sac** which acts as a shock absorber

Just a dot	•	1 week – cells beginning to specialise
3 mm long		4 weeks – spine and brain forming, heart beating
3 cm long		9 weeks – tiny movements, lips and cheeks sense touch, eyes and ears forming
7 cm long		12 weeks – fetus uses its muscles to kick, suck, swallow, and practise breathing