

Section 1 Stage Combat Rules PART 1

- 3,2,1 stop – means stop **STRAIGHT AWAY**
- Practice everything in **slow motion** first
- Only work with people you **trust** and can work sensibly with
- No practicing stage combat **outside** of the lesson

Section 3 Stage Combat Key terms

Choreography	Carefully sequencing physical movements with precision and accuracy.
Illusion	Creating a distortion of the senses, particularly visual, to 'trick' the audience's brain into seeing something.
Reaction	Responding physically and vocally to an event or action on stage in order to ' sell ' the action to the audience.



Section 2 What is Stage Combat?

Stage combat is a **specialised** technique in theatre designed to create the **illusion** of physical combat **without causing harm** to the performers. It is employed in live stage plays as well as operatic and ballet productions. The term is also used informally to describe **fight choreography** for other production media including film and television. It is a common field of **study** for actors and dancers and is closely related to the practice of **stunts**.

Section 4 Stage Combat Rules PART 2

- **Measure** your distances
- Make **eye contact** before you practice a move
- **Rehearse** your fight sequences until they are completely perfect