**HEALTH AND SOCIAL CARE – COMP 3 KNOWLEDGE ORGANISER**

**C1 Person Centred Approach and the Benefits**

|  |
| --- |
| **Person-centred approach to improving health and wellbeing**  Person-centred care theoretical framework | Download Scientific Diagram**A person centred approach takes into consideration the individual’s needs, wishes and circumstances which is very important – this consists of:**   * needs – to reduce health risks * Wishes – their preferences and choices * Circumstances – to include age, ability, location, living conditions, support, physical and emotional health |
| **The importance of a person-centred approach**  How a person-centred approach can support individuals   * Makes them more comfortable with recommendations, advice and treatment * Gives them more confidence in recommendations, advice and treatment * Person-centred approaches in the care and support of older people ...Ensures their unique and personal needs are met * Increases the support available to more vulnerable individuals * Improves their independence * They are more likely to follow recommendations/actions to improve their health * They are more motivated to behave in ways that positively benefit their health * They feel happier and more positive about their health and wellbeing |
| Quality Royalty Free Vector Image - VectorStock**The benefits of a person-centred approach**  The benefits of a person-centred approach for health and care workers:   * Improves job satisfaction for health and social care workers * Saves time for health and social care services * Saves money for health and social care services * Reduces complaints about health and social care services and workers |